2004 Clinical Psychology Comprehensive Exam

Question 4

Start a new blue book, on the cover of the blue book or top of the computer page, write: the digits of your student number as listed on the brown envelope, Question 4A Clinical Exam, and Date. Limit blue book answer to sixteen single-sided pages. Computer generated -- no more than five pages (10-point) double-spaced.

ANSWER EITHER QUESTION 4A OR 4B, NOT BOTH

Question 4A: Comparison among Models of Psychotherapy and Integration

1) Describe what “psychotherapy integration” is.
2) Then set forth the general pros and cons of psychotherapy integration.
3) Finally, discuss the specific contribution to enhancing psychotherapy integration of two approaches:
   A) The development of pragmatic case studies.
   B) The model of assimilative integration.

In your answer, provide documentation of your points by linking with the relevant, scholarly literature.

Question 4B. Diversity

You are a psychologist consulting to a clinic, school, or organization. You are being asked to train new psychologists who plan to practice in an area that is very diverse. Drawing on your own training, readings and research, discuss in detail the information that you would include in your training. It is important that you give a clear rationale for deciding on what YOU believe is necessary for the proposed training, supported by the literature.

a) Describe the clinic, school, or organization and the ethnic minority population they serve.

b) Identify the particular minority population(s) (i.e. ethnic minority, gay/lesbian/bisexual/transgender, religious groups, gender etc.) that will be the focus of the training.

c) Discuss the process of the training (i.e. didactic, experiential, etc.), and your role in the training process.

d) Describe the training in detail including the aspects of diversity or culture that will be addressed, such as pertinent aspects of family patterns, immigration experiences, racial and ethnic identity, sexual orientation, experiences of racism or discrimination, spirituality, SES, etc. that are important for the groups described.

e) Identify references, sources and readings that you will utilize.

How will you help the participants to address their own issues regarding ethnic minority groups?

Note: Be sure to cite the relevant literature in your answer.