2005 Clinical Psychology Comprehensive Exam

Question 3: Theoretical and Empirical Foundations of Psychopathology

Start a new blue book, on the cover of the blue book or top of the computer page, write: the
digits of your student number as listed on the brown envelope, Question 3 Clinical Exam, and
Date. Limit blue book answer to sixteen single-sided pages. Computer generated -- no more than
five pages (10-point) double-spaced.

Question 3: Psychopathology. In psychopathology, we often accumulate facts that describe a disorder
before we can offer good explanations of when, where, and how its develops; the mechanisms that
cause and/or maintain it; and how best to alter or eliminate it.

Using panic disorder as an example, how (if at all) has research moved beyond simple description?
Based on the best available scientific data, what theory (or theories) of panic disorder seem most
persuasive?