

2005 Clinical Psychology Comprehensive Exam

Question 4

Start a new blue book, on the cover of the blue book or top of the computer page, write: the digits of your student number as listed on the brown envelope, Question 4A Clinical Exam, and Date. Limit blue book answer to sixteen single-sided pages. Computer generated -- no more than five pages (10-point) double-spaced.

ANSWER EITHER QUESTION 4A OR 4B, NOT BOTH

Question 4A: Comparison among Models of Psychotherapy and Integration

1) Describe what “psychotherapy integration” is.

2) Differentiate among the following different types of integration:
   A) integration by common factors,
   B) technical eclecticism,
   C) theoretical integration,
   D) assimilative integration, and
   E) integration via the pragmatic case study method.

3) Finally, compare and contrast the pros and cons of three of these in facilitating the goal of psychotherapy integration.

Question 4B. Diversity

For this question, you have a choice. Answer only Choice 1 or Choice 2.

Choice 1

Note: this question can be answered on the basis of Nancy Boyd-Franklin's or Shalonda Kelly's Diversity course.

Choose a diverse group (diverse in race, ethnicity, sexual orientation, socioeconomic status, religiosity, etc.). Discuss immigrant/historical, environmental, cultural, and/or racial factors that contribute to this group’s presentation in treatment. Be sure to discuss in detail at least three of these major factors that a therapist might need to consider, and cite the relevant literature.

Choice 2

Note: this question can be answered on the basis of Clay Alderfer's Foundations-Organizational course and his Experiential Group Dynamics course.

Choose a diverse group (diverse in race, ethnicity, sexual orientation, socioeconomic status, religiosity, etc.). Drawing on the proposition that "one's own group memberships are factors in any interpersonal relationship", discuss which of your group memberships would become relevant, and in what ways, for a therapist working with clients from the group you choose to discuss.