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November 8, 2004

Elizabeth Ochoa, Ph.D.
Director of Training
Division of Psychology,
Department of Psychiatry
9 Fierman Hall
Beth Israel Medical Center
1st Avenue at East 16th Street
New York, NY 10003

Dear Dr. Ochoa,

My name is _____ and I am currently a fourth year Clinical Psychology graduate student at the Graduate School of Applied and Professional Psychology at Rutgers University. Enclosed please find my application for the 2005-2006 Beth Israel Medical Center Clinical Psychology Internship Program. I am highly interested in a training position at your site as I am seeking a broad-based training experience during my internship year.

I find many aspects of your internship program appealing. As I alluded to above, I am looking for broad-based training with adults, adolescents, children, families, and groups. I hope to be part of a program that is versatile in terms of its training options and that offers supervision in various theoretical orientations from a faculty of supervisors who come from diverse backgrounds. Furthermore, it is extremely important to me to train at a site that values diversity and cultural competency, and that provides opportunities for trainees to work with clients from different ethnic and cultural backgrounds. I find that your internship program contains all of these components and that your program's goals are consistent with my training and career goals.

During my four years at Rutgers University, I made it a point to obtain a wide variety of clinical experiences. Currently, I am working at Essex County Hospital Center, a long-term inpatient psychiatric facility. I conduct individual therapy, co-lead a psychotherapy group, and carry out integrated psychological assessments with adult patients who have severe and persistent mental illnesses. I have also worked at Columbia University Medical Center's outpatient HIV/AIDS mental health clinic, Rutgers College Counseling Center, Rutgers Psychological Clinic, and the Tourette's Syndrome Therapeutic Program for children. In these settings, I had a chance to work with a diverse client population using various treatment methods. In addition to my range of clinical experience, I would bring to your internship program, sensitivity, flexibility, motivation, and commitment.

Thank you for considering my application to your training program. I look forward to meeting with you in the near future.

Sincerely,