COURSE SYLLABUS

Course: Family Therapy
Professor: Nancy Boyd-Franklin, Ph.D.
Semester: Fall, 2007

1. Sept. 10 Introduction to Family Therapy

2. Sept. 17 Structural Family Therapy Concepts

3. Sept. 24 Structural Family Therapy Concepts (continued)
   Conducting the Initial Interview

4. OCT. 1 Structural Family Therapy Concepts (continued)

5. Oct. 8 Bowenian Family Systems Concepts

   Genograms
   Family Therapy with One Person Coaching

7. Oct. 22 Genograms (continued)
   Presentation of Nancy's Genogram in Class

8. Oct. 29 Ethnic and Racial Diversity in Family Therapy
   Students' Own Family Genograms

9. Nov. 5 Behavioral Family Therapy

10. Nov. 12 Ethnic and Racial Diversity in Family Therapy, Cont.
    Therapists' Use of Self—Development of Yourself as a Family Therapist
    Continue Students' Genograms

   HAND IN GENOGRAMS IN CLASS.

11. Nov. 19 Strategic and Paradoxical Systems Approaches

12. Nov. 26 Post Modern and Narrative Approaches
The Multisystems Model and Family Therapy

**FINAL PAPER DUE IN CLASS**

Special Issues in Family Therapy
- Review of First Semester
- Discussion of Second Semester
COURSE REQUIREMENTS

A. Clinical Work: Each student should carry at least one family case under supervision by a trained family therapist.

B. Class Attendance and Participation

C. Genogram: Construct a three-generational genogram of your own family. Make it as complete as possible. Turn in on NOV. 12. (As many of these as time allows will also be presented in class.)

D. Paper (15-20 double-spaced pages) due December 3. Describe your family's genogram and discuss what you have learned about yourself and your own family from doing the genogram. Discuss your own ethnicity and cultural background. Explore your own position and role in your family of origin and the key issues that you have identified. Analyze your own family using one or more of the major schools of family therapy. Discuss the impact of the above issues on your development as a therapist. Note countertransferential issues that may arise for you as a family therapist.
CLASS ASSIGNMENTS*

1. Sept. 10

**Introduction to Family Systems and Family Therapy**


2. Sept. 17

**Structural Family Therapy Concepts**

Read: 1. Minuchin, S. "A Family Model," In Families and Family Therapy (Chapter 3).


3. Sept. 24

**Structural Family Therapy - The Initial Interview**


4. Oct. 1

**Structural Family Therapy - Therapeutic Interventions**

Read from Minuchin, Families and Family Therapy:

1. "The Family in Therapy" (Chapter 6).

2. "Restructuring the Family" (Chapter 8).
5. Oct. 8 **Bowenian Family Systems Concepts**
Do Interviews and Construct Your Own Genogram


6. Oct. 15 **Bowenian Theory Continued**
Read: Carter, E., McGoldrick Orfanidis, M. "Family Therapy with One Person, and the Therapist's Own Family," from Guerin, P., *Family Therapy*.

7. Oct. 22 **Genograms (continued)**
Read: McGoldrick & Gerson, "Genograms in Family Assessment."

8. Oct. 29 **Ethnicity and Family Therapy**

2 McGoldrick et al., "African American Families," in *Ethnicity and Family Therapy*.

3 Hines & Boyd-Franklin, "Black Families," in McGoldrick et al., *Ethnicity and Family Therapy*.


5 Garcia-Prèto, "Puerto Rican Families," in McGoldrick et al., *Ethnicity and Family Therapy*. 

9. Nov. 5  **Behavioral Family Therapy Interventions**

Chapter 7: Problem Solving Training 
Chapter 8: Communication Training 


10. Nov. 12  **The Therapist's Use of Self — Development of the Family Therapist**

Each class member must draw and bring in their own family's genogram. To assist you in thinking about this process, the following articles are recommended: 
Read: 1 Reread Guerin & Pendagast (if necessary). 

2 *A Family Therapist's Own Family*. 


**NOV. 12**  **HAND IN GENOGRAMS IN CLASS.**

11. Nov. 19  **Strategic and Paradoxical Approaches**


12. Nov. 26  **Post Modern and Narrative Approaches**  
2. Chapter 12: Narrative Therapy.

13. Dec. 3  **Multisystems Model of Family Therapy**  
Read:  
5. Aponte, H., "Underorganization in the Poor Family."

Dec. 3  **FINAL PAPER DUE IN CLASS.**

14. Dec. 10  **Special Issues in Family Therapy**  
1. Review first semester.  
2. Discussion of second semester.