COURSE SYLLABUS

PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES

NANCY BOYD-FRANKLIN, Ph.D.

NOTE THAT THE FIRST DAY OF CLASS WILL BE ON WEDNESDAY
SEPTEMBER 3, 2008.

PLEASE DOWNLOAD ARTICLES PRIOR TO CLASS.

THE TWO BOOKS HAVE BEEN ORDERED BY THE BOOKSTORE. PLEASE BE
SURE THAT YOU PURCHASE THE THIRD EDITION OF MONICA McGOLDRICK’S
SECOND EDITION OF MY BOOK, “BLACK FAMILIES IN THERAPY:
UNDERSTANDING THE AFRICAN AMERICAN EXPERIENCE,” (GUILFORD
PRESS, 2003) SHOULD ALSO BE AVAILABLE.
COURSE SYLLABUS

Course: PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES
Instructor: Nancy Boyd-Franklin, Ph.D.
Semester: Fall, 2008

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK

1. Sept. 3 Introduction: Understanding Diversity and its Impact on Clinical Work. Culture, race, ethnicity, social class, religion, gender and/or sexual orientation. Begin discussion of students’ own ethnic, cultural and racial experiences and their own experiences of being or feeling different.


II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC MINORITY GROUPS

4. Sept. 24 African-American Clients and Families
   ■ Extended Family Roles
   ■ Religion and Spirituality
   ■ Gender Issues

   Paper on student’s own ethnicity and cultural background is due.


6. Oct. 8 NO CLASS – YOM KIPPUR

7. Oct. 15 Role of Racism and the IQ Controversy in Psychotherapy, School Systems and Organizations

8. Oct. 22 Hispanic/ Latino Clients and Families

9. Oct. 29 Hispanic/Latino Clients and Families (Continued)
9. Nov. 5    Asian Clients and Families

   **Turn in Cross Cultural Interview Assignment**

10 Nov. 12    South Asian Clients & Families

11 Nov. 19    Class Discussion of Cross Cultural Interviews

12 **NOV. 26**    **NO CLASS-COMPLETE FINAL PAPER ASSIGNMENT**

13 Dec. 3    Continue Discussion of Cross Cultural Interviews

**SPECIAL TOPICS**

14 Dec. 10    Gay and Lesbian Clients from Ethnic and Minority Groups
Course: Psychological Interventions with Ethnic Minority Clients and Families  
Instructor: Nancy Boyd-Franklin, Ph.D.  
Semester: Fall, 2008

COURSE REQUIREMENTS

GRADES  
Grades are based on the following:
1 Attendance at all class sessions.
2 Active participation in the class discussions.
3 Completion of the following assignments on time.

ASSIGNMENTS  
1 Make a brief presentation in class discussing your own cultural ethnic and racial experiences on Sept.3,10,17.

2 Write a 5-10 page paper on student’s own family, cultural, ethnic, racial and religious background, and personal experiences of being or feeling different. Discuss your reaction to this material. Compare your own cultural experiences to those described in the literature on your cultural group. How are they similar or different? ■ First paper due on Sept.24,2008.

3 Each member of the class is asked to interview someone from one of the cultures discussed in class.

4 Write a 5-10 page paper. Turn in cross cultural interview assignment on Nov.5, 2008.

5 One-two page journal summary will be turned in at the beginning of each class. Discuss reaction to previous class, the readings and applications or experiences in your own work.

6 Write a paper (approximately 15-20 pages) on an area relevant to ethnic, cultural or racial diversity. Include review of the literature and relevant research. Final paper is due on Dec.3 in class.
REQUIRED BOOKS FOR THE COURSE


* THESE ARE THE BOOKS THAT SHOULD BE PURCHASED AT THE BOOKSTORE. CHECK DATES AND MAKE SURE THAT YOU ARE PURCHASING THE LATEST EDITION OF BOTH BOOKS.

ADDITIONAL REQUIRED READINGS:


PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES
Nancy Boyd-Franklin, Ph.D.

Fall, 2008

CLASS READING ASSIGNMENTS

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK

1. Sept. 3  
   **Introduction: Understanding Diversity and its Impact on Clinical Work**  
   Read:  

2. Sept. 10  
   **Cultural Competency Framework**  
   Read:  
   1. Finish Pinderhughes assignment.  

3. Sept. 17  
   **Therapist’s Use of Self: Students Discuss Their Own Cultural, Ethnic and Racial Experiences**  
   Read: Chapters 1, 2, 3, 4 in Boyd-Franklin (2003), *Black families in therapy*.

II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC GROUPS

4. Sept. 24  
   **African-American Clients and Families**  
   - Extended Family Roles  
   - Spirituality  
   - Gender Roles  
   - Skin Color Issues  
   Read: Chapters 5, 7, 8,9, 11, 12, 13, 15 in Boyd-Franklin (2003), *Black families in therapy*.


Paper on student’s own ethnicity and cultural background is due.

5. Oct. 1  
**Racial Identity and Special Issues for African-American Families in Response to Psychological Interventions**

Read:  
1. McIntosh, P. White privilege: Unpacking the invisible knapsack.
2. Franklin, A.J., Carter, R. & Grace, C.  
   An integrated approach to psychotherapy with Black/African Americans.
4. Alderfer, C. Embedded intergroup relations and racial identity development theory.

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6. Oct. 15  
**The Role of Race, Racism and the IQ Controversy**

Read:  
   *(See readings below on IQ Controversy)*

6. Oct. 15  
**The IQ Controversy continued**

Read:  

7. Oct. 22  
**Hispanic/Latino Clients and Families**

Read:  
1. Latino families: An overview (pages 153-165) in McGoldrick et al., *Ethnicity and family therapy.*
2. Chapter 18 (pages 242-255), Garcia-Prèto, Puerto Rican families, in McGoldrick et al., *Ethnicity and family therapy.*
3. Chapter 15 (pages 202-215), Bernal, Cuban Families, in McGoldrick et al., *Ethnicity and family therapy.*
4. Chapter 17 (pages 229-241), Falicov, Mexican families, in McGoldrick et al., *Ethnicity and family therapy.*
8. Oct. 29  
**Hispanic/Latino Clients and Families in Clinics, Schools and Organizations**

Read:  


9. Nov. 5  
**Asian Clients and Families**

Read  
1 Mc Goldrick, et al. (2005) *Ethnicity and Family Therapy*, Chapters 20,22,23,25,26

10. Nov. 12  
**South Asian Clients and Families**

Read:  
1. Rege, M. V. (pages 4-14; 45-65), First generation Asian Indian women: The development of identity between two cultures.


11. Nov. 19  
**Class Discussion of Cross Cultural Interviews**

12. NOV. 26  
**NO CLASS- COMPLETE FINAL PAPER ASSIGNMENT**

13. Dec. 3  
**Continuation of Discussion of Cross Cultural Interviews**

**FINAL PAPER DUE IN CLASS**

III. **SPECIAL ISSUES**

14. Dec. 10  
**Gay and Lesbian Clients from Ethnic and Minority Groups**

Read:  
1. Sanders, The love that dares to speak its name: From secrecy to openness in gay and lesbian affiliations,” in E. Imber-Black (Ed.), *Secrets in families and family therapy*. 
2. Greene, Ethnic minority lesbians and gay men: Mental health and treatment issues.

**Additional reading:**

**Research in Ethnic Minority Psychology**


