Course: Family Therapy
Professor: Nancy Boyd-Franklin, Ph.D.
Semester: Fall, 2008

1. Sept. 8 Introduction to Family Therapy

2. Sept. 15 Structural Family Therapy Concepts

3. Sept. 22 Structural Family Therapy Concepts (continued)
   Conducting the Initial Interview

   Sept. 29 No Class—Rosh Hashanah

4. OCT. 6 Structural Family Therapy Concepts
   (continued)


   Genograms
   Family Therapy with One Person
   Coaching

7. Oct. 27 Genograms (continued)
   Presentation of Nancy's Genogram in Class

8. Nov. 3 Ethnic and Racial Diversity in Family Therapy
   Students' Own Family Genograms

9. Nov. 10 Ethnic and Racial Diversity in Family Therapy, Cont.
   Therapists' Use of Self—Development of Yourself as a
   Family Therapist
   Continue Students' Genograms

   HAND IN GENOGRAMS IN CLASS.

10 Nov. 17 Behavioral Family Therapy
11 Nov. 24  Strategic and Paradoxical Systems Approaches

Dec.
12 1  Post Modern and Narrative Approaches

13 Dec. 8  The Multisystems Model and Family Therapy

**FINAL PAPER DUE IN CLASS**

14 DEC. 15  Special Issues in Family Therapy
- Review of First Semester
- Discussion of Second Semester
COURSE REQUIREMENTS

A. Clinical Work: Each student should carry at least one family case under supervision by a trained family therapist.

B. Class Attendance and Participation

C. Genogram: Construct a three-generational genogram of your own family. Make it as complete as possible. Turn in on NOV.10. (As many of these as time allows will also be presented in class.)

D. Paper (15-20 double-spaced pages) due December 8. Describe your family's genogram and discuss what you have learned about yourself and your own family from doing the genogram. Discuss your own ethnicity and cultural background. Explore your own position and role in your family of origin and the key issues that you have identified. Analyze your own family using one or more of the major schools of family therapy. Discuss the impact of the above issues on your development as a therapist. Note countertransferential issues that may arise for you as a family therapist.
CLASS ASSIGNMENTS*

1. Sept. 8  Introduction to Family Systems and Family Therapy

2. Sept. 15  Structural Family Therapy Concepts
   Read:  1. Minuchin,S. "A Family Model," In Families and Family Therapy (Chapter 3).

3. Sept. 22  Structural Family Therapy - The Initial Interview

   Sept. 29  No Class- Rosh Hashanah

4. Oct. 6  Structural Family Therapy - Therapeutic Interventions
   Read from Minuchin, Families and Family Therapy:
   1  "The Family in Therapy" (Chapter 6).
   2  "Restructuring the Family" (Chapter 8).
Do Interviews and Construct Your Own Genogram  

6. Oct. 20  **Bowenian Theory Continued**  
Read: Carter, E. McGoldrick & Orfanidis, M. "Family Therapy with One Person, and the Therapist's Own Family," from Guerin, P., *Family Therapy*.

7. Oct. 27  **Genograms (continued)**  
Read: McGoldrick & Gerson, "Genograms in Family Assessment."

8. Nov. 3  **Ethnicity and Family Therapy**  
2 McGoldrick et al., "African American Families," in *Ethnicity and Family Therapy*.  
3 Hines & Boyd-Franklin, "Black Families," in McGoldrick et al., *Ethnicity and Family Therapy*.  
5 Garcia-Prèto, "Puerto Rican Families," in McGoldrick et al., *Ethnicity and Family Therapy*.  

9. **Nov. 10**  TURN IN GENOGRAMS IN CLASS

_The Therapist's Use of Self — Development of the Family Therapist_

Each class member must draw and bring in their own family's genogram.
Behavioral Family Therapy Interventions

   Chapter 7: Problem Solving Training
   Chapter 8: Communication Training

Strategic and Paradoxical Approaches


Post Modern and Narrative Approaches

   2. Chapter 12: Narrative Therapy.

Multisystems Model of Family Therapy

3 Aponte, H., "The Family-School Interview: An Ecostructural Approach."

5  Aponte, H., "Underorganization in the Poor Family."

Dec. 8  FINAL PAPER DUE IN CLASS.

14. Dec. 15 Special Issues in Family Therapy
    1. Review first semester.
    2. Discussion of second semester.