## COURSE SYLLABUS

**Course:** Family Therapy  
**Professor:** Nancy Boyd-Franklin, Ph.D.  
**Semester:** Fall, 2009  

1. **Sept. 14**  
   Introduction to Family Therapy

2. **Sept. 21**  
   Structural Family Therapy Concepts

3. **Sept. 28**  
   **No Class- Yom Kippur**  
   Begin Reading and Preparation of Family Genogram

4. **Oct. 5**  
   Structural Family Therapy Concepts (continued)  
   Conducting the Initial Interview

5. **Oct. 12**  
   Structural Family Therapy Concepts (continued)

6. **Oct. 19**  
   Bowenian Family Systems Concepts

7. **Oct. 26**  
   Bowenian Family Systems Concepts (continued): Genograms  
   Family Therapy with One Person  
   Coaching

8. **Nov. 2**  
   Genograms (continued)  
   Presentation of Nancy’s Genogram in Class

9. **Nov. 9**  
   Ethnic and Racial Diversity in Family Therapy  
   Students’ Own Family Genograms

10. **Nov. 16**  
    Behavioral Family Therapy

11. **Nov. 23**  
    Ethnic and Racial Diversity in Family Therapy, Cont.  
    Therapists’ Use of Self—Development of Yourself as a Family Therapist  
    Continue Students’ Genograms  
    **HAND IN GENOGRAMS IN CLASS.**

12. **Nov. 30**  
    Strategic and Paradoxical Systems Approaches

13. **Dec. 7**  
    Post Modern and Narrative Approaches

**Dec. 7**  
**FINAL PAPER DUE IN CLASS**
COURSE REQUIREMENTS

A. Clinical Work: Each student should carry at least one family or couples therapy case under supervision by a trained family therapist.

B. Class Attendance and Participation

C. Genogram: Construct a three-generational genogram of your own family. Make it as complete as possible. Turn in on NOV.16. (As many of these as time allows will also be presented in class.)

Describe your family’s genogram and discuss what you have learned about yourself and your own family from doing the genogram. Discuss your own ethnicity and cultural background. Explore your own position and role in your family of origin and the key issues that you have identified. Analyze your own family using one or more of the major schools of family therapy. Discuss the impact of the above issues on your development as a therapist. Note countertransferential issues that may arise for you as a family therapist.
CLASS ASSIGNMENTS*

1. Sept. 14  *Introduction to Family Systems and Family Therapy*

2. Sept. 21  *Structural Family Therapy Concepts*

3. Sept. 28  *No Class- Yom Kippur*
   Begin Reading and Research for Family Genogram
   Read: McGoldrick & Gerson – *Genograms in Family Assessment*

4. Oct. 5  *Structural Family Therapy - The Initial Interview*

5. Oct. 12  *Structural Family Therapy - Therapeutic Interventions*
   Read from Minuchin, *Families and Family Therapy*:
   2. “Restructuring the Family” (Chapter 8).

   Do Interviews and Construct Your Own Genogram
7. **Oct. 26**

**Bowenian Theory Continued**
Read: Carter, E. McGoldrick Orfanidis, M. “Family Therapy with One Person, and the Therapist’s Own Family,” from Guerin, P., *Family Therapy*.

8. **Nov. 2**

**Genograms (continued)**
Read: McGoldrick & Gerson, *Genograms in Family Assessment*.

9. **Nov. 9**

**Ethnicity and Family Therapy**
5. Garcia-Prête, “Puerto Rican Families,” in McGoldrick et al., *Ethnicity and Family Therapy*.

10. **Nov. 16**

**Behavioral Family Therapy Interventions**
   Chapter 7: Problem Solving Training
   Chapter 8: Communication Training
11. Nov. 23  TURN IN GENOGRAM IN CLASS
CONTINUE PRESENTATION OF STUDENTS’ GENOGRAMS

12. Nov. 30  STRATEGIC AND PARADOXICAL APPROACHES


13. Dec. 7  Post Modern and Narrative Approaches
2. Chapter 12: Narrative Therapy.

14. Dec. 14  Multisystems Model of Family Therapy