Fall 2015

Course: Eating and Weight Disorders

Instructor: G. Terence Wilson

Graduate School of Applied and Professional Psychology

Phone: 5-2194; email address: tewilson@rci.rutgers.edu

Text

Recommended:


Useful Websites

www.niddk.nih.gov/

  - WIN (Weight Information Network)

www.uconnruddcenter.org/

Rutgers mandated statement on Academic Integrity:

http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/

Required Rutgers statement on Accommodation

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability
services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: https://ods.rutgers.edu/students/documentation-guidelines. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: 
https://ods.rutgers.edu/students/registration-form.

Seminar 1
Topic: Obesity: Definition; Prevalence; Health and Psychosocial Consequences

Readings:
Puhl, R. M., Latner, J. D., O'Brien, K., Luedicke, J., Forhan, M., & Danielsdottir, S.


**Seminar 2**

**Topic**: Is obesity a disease? An addiction? (as Psychiatric Disorder?)

**Readings**:


Seminar 3

**Topic:** Obesity: Causes

**Readings:**


Leibel, R. (April 26, 2013). Genetics of obesity. UCONN Rudd Center podcast


**Video link:** [http://www.youtube.com/watch?feature=player_embedded&v=-BdFkK-HufU](http://www.youtube.com/watch?feature=player_embedded&v=-BdFkK-HufU)

Seminars 4 - 5

Topic: Obesity Treatment: Dietary and Behavioral Interventions

Readings:


Leibl, R. (April 26, 2013) Why is losing weight so difficult? Podcast, UCONN Rudd Center


Seminar 6

Topic: Obesity Treatment: Pharmacological and Surgical Interventions

Readings:


Seminar 7

Topic: Obesity: Prevention

Readings:


Seminar 8

Topic: Eating Disorders: Diagnosis and Classification; Prevalence; and Distribution

Readings:
Grilo, C.M. (2006). Chapter 1; Chapter 2, pp. 27 – 38

Seminars 9 - 11

Topic: Assessment and Treatment: of Bulimia Nervosa

Readings:

Seminars 12 – 13

Topic: Eating Disorders and Recurrent Binge Eating

Readings:


**Seminar 14**


**Seminar 15**

**Topic:** Eating Disorders: Prevention

**Readings:**

