Fall 2017

**Course:** Eating and Weight Disorders

**Instructor:** G. Terence Wilson

Graduate School of Applied and Professional Psychology

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**Evaluation:** Take-home final examination, consisting of short essay questions.

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**Rutgers mandated statement on Academic Integrity:**

http://academicintegrity.rutgers.edu/academic-integrity-at-rutgers/

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**Required Rutgers statement on Accommodation**

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: [https://ods.rutgers.edu/students/documentation-guidelines](https://ods.rutgers.edu/students/documentation-guidelines). If the documentation supports your request for reasonable accommodations, your campus’s disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: [https://ods.rutgers.edu/students/registration-form](https://ods.rutgers.edu/students/registration-form)
Texts

Required:


Recommended:


Useful Websites

[www.niddk.nih.gov/WIN](http://www.niddk.nih.gov/WIN) (Weight Information Network)

Seminar 1

Topic: Obesity: Definition; Prevalence; Health and Psychosocial Consequences

Readings:


Seminar 2

Topic: Obesity: Causes

Readings:


Leibel, R. (April 26, 2013). Genetics of obesity. UCONN Rudd Center podcast


Seminar 3


Readings:


Seminars 4 - 6

Topic: Obesity Treatment: Dietary and Behavioral Interventions

Readings:


Leibel, R. (April 26, 2013) Why is losing weight so difficult? Podcast, UCONN Rudd Center


Seminar 7

Topic: Obesity Treatment: Pharmacological and Surgical Interventions

Readings:


Seminar 8

**Topic:** Obesity: Prevention

**Readings:**


Seminar 9

**Topic:** Eating Disorders: Diagnosis and Classification; Prevalence; and Distribution
Seminars 10 - 11

Topic: Assessment and Treatment of Bulimia Nervosa

Readings:


Seminars 12 – 13

**Topic:** Eating Disorders and Recurrent Binge Eating

**Readings:**


Seminar 14


Seminar 15

**Topic:** Eating Disorders: Prevention

**Readings:**

