COURSE OUTLINE

Course: FAMILY THERAPY
Instructor: Nancy Boyd-Franklin, Ph.D.
Semester: Spring 2009

1. Jan. 26  Couples Therapy
2. Feb. 2  Couples Therapy
3. Feb. 9  Drug and Alcohol Abuse in Couples and Families
4. Feb 16  Divorce, Remarriage and Step-parenting
5. Feb. 23  Further Discussion of Remarriage & Step-Parenting

March 2  No Class- Clinical Interview Day

6. March 9  Gay and Lesbian Couples and Families

March 16  NO CLASS- SPRING BREAK

7. March 23  Couples Therapy Case
Presenter: Nathan Lambright
8. March 30  Kinship Care
Presenter: Suzette Sularski
(also Attention Deficit Disorder)

9. April 6  Foster Care
Presenter: Amy Watkins

10. April 13  Parent/Child Interaction Therapy
Presenter: Ryan Madigan

11. April 20  Sexual Abuse and Incest in Families
Presenter: Lisa Allgaier

12. April 27  Biracial Adolescents and Families
Presenter: Nafeesah Johnson
13. May 4  Anticipatory Grief and Loss in Families  
Presenters: Rob Happich and Kelly Moore

Also Tourettes Syndrome

May 4  FINAL PAPER DUE IN CLASS

14. May 11  Family Therapy Integration in the Treatment of Ethnic Minority Families  
And Discussion of the Course
FAMILY THERAPY — PART II
Nancy Boyd-Franklin, Ph.D.
Spring, 2009

COURSE REQUIREMENTS

1. Attendance and full participation in all class sessions.

2. Do required reading.

3. Present family therapy case in class and video tape (selected segments). Also, review literature on your case.

4. Do a paper on the following: Discuss the family therapy case you have treated. Include a thorough description of the case and discuss it within a particular family systems theoretical perspective. (More than one can also be incorporated.) Review and cite family therapy literature relevant to the topic the family presents. 15-20 page paper DUE MAY 4 in class.
FAMILY THERAPY CASE PRESENTATION IN CLASS

I. Outline for Class Presentation

Identifying Information and Case Description

Presenting Problems

Present Genogram

Brief Summary of Family Dynamics and History

Case Formulation

Description and Summary of Current Treatment Issues

II. Show Videotape (or Audiotape) Segments

III. Brief Presentation and Summary of the Readings

- Discuss relevance to this case

IV. Class Discussion
OUTLINE FOR FINAL PAPER

I. Review Relevant Family Therapy Literature and Research Relevant to this Case

II. Family Case Summary

   Identifying Information

   Presenting Problems

   Family History

   Mental Status

   DSM IV Diagnoses

III. Case Formulation

IV. Treatment Plan

   Treatment Goals

V. Treatment Summary

VI. Discussion of Outcome
CLASS READING ASSIGNMENTS

Jan. 26  Read:  **Couples Therapy**
Read:  Hendrix, H. *Getting the love you want*
1.  pp. 3-34; 86-101; 241-273 (very important)

Feb. 2  Read:  **Couples Therapy**
Read:  1.  Wheeler, J., Christensen, A. & Jacobson, N.  *Couple distress*
2.  Guerin et al., *Identifying the stages of marital conflict*
3.  Jacobson, N.  *Initial Interview*

Feb. 9  Read:  **Drug and Alcohol Abuse in Couples and Families**
1.  Krestan, J. & Bepko, C.  *Alcohol problems in the family life cycle*
2.  Stanton, MD. & Todd, T.  *The family therapy of drug abuse and addiction*
   -  The therapy model – Chapter 6
   -  Principles and techniques for getting "resistant" families into treatment – Chapter 5

Feb. 16  Read:  **Divorce, Remarriage and Step-parenting**
2.  McGoldrick, M. & Carter, B.  *Forming a remarried family*

Feb. 23  **Further Discussion of Remarriage and Step-parenting**

March 2  **NO CLASS- CLINICAL INTERVIEW DAY**

March 9  **Gay and Lesbian Couples and Families**
Read:  1.  Sanders, G.  *The love that dares to speak its name: From secrecy to openness in gay and lesbian affiliations*
2.  Brown, L.  *Therapy with same-sex couples*
3.  Markowitz, L.  *Homosexuality: Are we still in the dark?*

March 16  **No Class- Spring Break**

Mar. 23  **Couples Therapy Case**
Review Couples Therapy Readings Above
Review Alcoholism Readings Above
Mar. 30  **Kinship Families**  
   -Chapter 12- Public Policy Issues: A Guide for Clinicians  

**ADHD**  

April 6  **Foster Families**  
Read: 1. Dillon, D. *Understanding and assessment of intragroup dynamics in family foster care: African American families*  
2. Delaney, R. & Kunsta, F. *Troubled transplants: Unconventional strategies for helping disturbed foster and adoptive children*  

April 13  **Parent/child Interaction Therapy for Oppositional Children**  

**Sexual Abuse and Incest**  
April 20  
April 27  
**Biracial Family and Adolescent with ADHD**

Read:


May 4  
**Family with Anticipatory Loss, Grief and Bereavement**

Read:


May 11  
**Family Therapy Integration in the Treatment of Ethnic Minority Families**

Read:
