COURSE SYLLABUS

PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES

NANCY BOYD-FRANKLIN, Ph.D.

NOTE THAT THE FIRST DAY OF CLASS WILL BE ON WEDNESDAY, JANUARY 21, 2009.

PLEASE DOWNLOAD ARTICLES FROM THE SAKAI WEBSITE PRIOR TO CLASS.

Course: PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES
Instructor: Nancy Boyd-Franklin, Ph.D.
Semester: SPRING, 2009

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK

1. Jan. 21
   Culture, race, ethnicity, social class, religion, gender and/or sexual orientation. Begin discussion of students’ own ethnic, cultural and racial experiences and their own experiences of being or feeling different.

2. Jan. 28

3. Feb. 4
   Therapist’s Use of Self in Cross-Cultural Work.
   Continue discussion of student’s experiences.

II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC MINORITY GROUPS

4. Feb. 11
   African-American Clients and Families
   ■ Extended Family Roles
   ■ Religion and Spirituality
   ■ Gender Issues

   Paper on student’s own ethnicity and cultural background is due.

5. Feb. 18
   Special Issues for African-American Clients and Families in Response to Psychological Interventions.

6. Feb. 25
   Role of Racism and Racial/Ethnic Identity in Psychotherapy, School Systems and Organizations.

7. March 4
   The IQ Controversy.
8. March 11 Latino/Hispanic Clients and Families

Assignment: Interview an ethnic minority individual who is from a culture that is different from your own. Note similarities and differences with your own background.

Mar. 18 NO CLASS - SPRING BREAK

9. Mar. 25 Latino/ Hispanic Clients and Families (continued)

10 April 1 Asian Clients and Families

April 8 NO CLASS - PASSOVER

11 April 15 South Asian Clients & Families

12 April 22 Class Discussion of Cross Cultural Interviews

Turn in Cross Cultural Interview Paper

13 April 29 Continue Discussion of Cross Cultural Interviews

SPECIAL TOPICS

14 May 6 Gay and Lesbian Clients from Ethnic and Minority Groups

FINAL PAPER DUE IN CLASS

15 May 13 Research Issues and Discussion in Class
Course: Psychological Interventions with Ethnic Minority Clients and Families
Instructor: Nancy Boyd-Franklin, Ph.D.
Semester: Spring, 2009

COURSE REQUIREMENTS

GRADES Grades are based on the following:
1 Attendance at all class sessions.
2 Active participation in the class discussions.
3 Completion of the following assignments on time.

ASSIGNMENTS 1 Make a brief presentation in class discussing your own cultural ethnic and racial experiences on January 21, 28 & Feb. 4.

2 Write a 5-10 page paper on student’s own family, cultural, ethnic, racial and religious background, and personal experiences of being or feeling different. Discuss your reaction to this material. Compare your own cultural experiences to those described in the literature on your cultural group. How are they similar or different?
   ■ First paper due on February 11, 2009.

3 Each member of the class is asked to interview someone from an ethnic minority culture that we have studied in this class. Choose someone from a culture that is different from your own. Write a 5-10 page paper. Turn in assignment on April 22, 2009.

4 One-two page journal summary will be turned in at the beginning of each class. Discuss reaction to previous class, the readings and applications or experiences in your own work.

5 Write a paper (approximately 15-20 pages) on an area relevant to ethnic, cultural or racial diversity. Include review of the literature and relevant research. Final paper is due on May 6 in class.
REQUIRED BOOKS FOR THE COURSE


* THESE ARE THE BOOKS THAT SHOULD BE PURCHASED AT THE BOOKSTORE. CHECK DATES AND MAKE SURE THAT YOU ARE PURCHASING THE LATEST EDITION OF BOTH BOOKS.

**ALL REQUIRED ARTICLES AND ADDITIONAL READINGS ARE AVAILABLE ON THE LIBRARY WEBSITE. PLEASE DOWNLOAD THESE PRIOR TO THE FIRST CLASS.

ADDITIONAL REQUIRED READINGS (AVAILABLE ON THE LIBRARY WEBSITE):


PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES
Nancy Boyd-Franklin, Ph.D.

SPRING, 2008

CLASS READING ASSIGNMENTS

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK


2. Pages 1-108; 211-241 in Pinderhughes, Understanding race, ethnicity & power.

2. Jan. 28  Cultural Competency Framework
Read: 1. Finish Pinderhughes assignment.

3. Feb. 4  Therapist’s Use of Self: Students Discuss Their Own Cultural, Ethnic and Racial Experiences
Read: Chapters 1, 2, 3, 4 in Boyd-Franklin (2003), Black families in therapy.
II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC GROUPS

4. Feb. 11 African-American Clients and Families
   ■ Extended Family Roles
   ■ Spirituality
   ■ Gender Roles
   ■ Skin Color Issues
   Read: Chapters 5, 7, 8 in Boyd-Franklin (2003), *Black families in therapy.*

   Brice-Baker, J. British West Indian Families (pg.117-126) in Mc Goldrick, *Ethnicity and Family Therapy.*

   Paper on student’s own ethnicity and cultural background is due.

5. Feb. 18 Special Issues for African-American Families in Response to Psychological Interventions
   Read: 1 Chapter 9 in Boyd-Franklin (2003), *Black families in therapy.*
   2 Chapters 11, 12, 13, 15 in Boyd-Franklin (2003), *Black families in therapy.*
   3 Chapter 5 (pages 71-108), Understanding race, in Pinderhughes, *Understanding race, ethnicity and power.*

6. Feb. 25 The Role of Race, Racism and Racial Identity
   Read: 1 McIntosh, White privilege: Unpacking the invisible knapsack.
   2 Franklin, A., Carter, R., & Grace, C. An integrated approach to psychotherapy with Black/African Americans.
   3 Alderfer, C. Embedded intergroup relations and racial identity development theory.
   5 Geller, J. Racial bias in the evaluation of patients for psychotherapy.
7. March 4  **The IQ Controversy**  
   . Ethnic differences in cognitive ability," *The bell curve*, Chapter 13,  
   pp. 269-315.  
   . Fraser, S. (Ed.), *The bell curve wars*,  
   Chapter 1, pp. 11-22.  
   . IQ Box, in Fraser, S. (Ed.), *The bell  
   curve wars*, pp. 23-35.  
   . Scientism, in Fraser, S. (Ed.), *The bell  
   curve wars*, pp. 36-57.

8. March 11  **Latino/Hispanic Clients and Families**  
Read: 1 Latino families: An overview (pages 153-165) in McGoldrick et al., *Ethnicity and family therapy*.  
2 Chapter 18 (pages 242-255), Garcia-Prèto, Puerto Rican families, in McGoldrick et al., *Ethnicity and family therapy*.  
3 Chapter 15 (pages 202-215), Bernal,  
   . Cuban Families, in McGoldrick et al., *Ethnicity and family therapy*.  
4 Chapter 17 (pages 229-241), Falicov,  
   . Mexican families, in McGoldrick et al., *Ethnicity and family therapy*.  

9. March 25  
**Latino/Hispanic Clients and Families in Clinics, Schools and Organizations**  


10. April 1  
**Asian Clients and Families**  

**April 8**  
**NO CLASS**  
**PASSEOVER**

11. April 15  
**South Asian Clients and Families**  
Read: 1 Rege, M. V. (pages 4-14; 45-65), First generation Asian Indian women: The development of identity between two cultures.


12. April 22  
**Class Discussion of Cross Cultural Interviews**  
**Turn in assignment in class.**
13. April 29
Continuation of Discussion of Cross Cultural Interviews

III SPECIAL ISSUES

MAY 6 FINAL PAPER DUE IN CLASS.

14. MAY 6 Gay and Lesbian Clients from Ethnic and Minority Groups
Read 1 Sanders, The love that dares to speak its name: From secrecy to openness in gay and lesbian affiliations,” in E. Imber-Black (Ed.), Secrets in families and family therapy.
2 Greene, Ethnic minority lesbians and gay men: Mental health and treatment issues.
3 Greene, Lesbian women of color: Triple jeopardy.

15 May 7 Research (See below)
Research


