Spring 2009
Play and Milieu Therapy with Children

week 1 (Jan 21)
Introductions
Requirements: case/ supervision
   class presentation
   papers

History of Play Therapy
Theoretical Approaches
Meaning of play/ role of symbolic activities

Week 2 (Jan 28)
Play with context of development
Play in family therapy
Filial therapy
Play therapy within milieu/day treatment programs
Play therapy in private practice setting

Week 3 (Feb 4)
Initial evaluation- meeting with parents
   developmental history
   genogram
Preparing parent and child for therapy
Key Issues: confidentiality
   relationship to parents, schools, agencies
Hipaa compliance

Week 4 (Feb 11)
Assessment and Diagnosis
   The PDM
Week 5 (Feb 18)

Structure of play room- space and materials
   Play therapy techniques
      following the child, tracking, restating
      use of materials, games, drawings

Demonstrations: games, role plays, drawings

Week 6 (Feb 25)

Observation at Rutgers- Livingston Day Care Center

Week 7 (March 4)

Diagnostic child interview
   Demonstration of child interview

Week 8 (March 11)

Treatment of common childhood problems
   reaction to family events
   separation and loss
   behavioral difficulties

Handling problems in the playroom
   setting limits

Student presentation:

Paper due

March 18: no class / spring break
Week 9 (March 26)
Role of interpretation
Playing with metaphor
Transference and countertransference

Student presentation:

Week 10 (April 1)
DSM IVR diagnosis
Treatment of anxious child
Treatment of depressed child
Treatment of compulsive child

Student presentation:

Week 11 (April 8)
Treatment of borderline child
Treatment of conduct disordered child
Treatment of oppositional/defiant child
Treatment of developmentally impaired child

Student presentation:

Week 12 (April 15)
Student presentation:
Student presentation:

Week 13 (April 22)
Treatment of the traumatized child
Working with attachment disordered children

Week 14 (April 29)
Court related work: expert testimony
Children as witnesses
Ethical issues/ liability

Evaluation/ research/ outcome studies

Student presentation:

**Week 15 (May 7)**

Termination of treatment
Treatment as a brief intervention

Student Presentation:
Student Presentation: