Spring 2009

Course: Eating and Weight Disorders- 18:821:568:01

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Text
Required:

Recommended:

Useful Websites

www.niddk.nih.gov/
- WIN (Weight Information Network)

www.nhlbi.nih.gov/guidelines/obesity/ob_home.htm

www.nhlbi.nih.gov/guidelines/obesity/practgde.htm

www.yaleruddcenter.org/
Seminar 1

**Topic:** Obesity: Definition; Prevalence; Health and Psychosocial Consequences

**Readings:**


Seminar 2

**Topic:** Obesity: Causes

**Readings:**


**Topic:** Is obesity a disease or psychiatric disorder?


**Seminar 3**

**Topic:** Obesity Treatment: Dietary and Behavioral Interventions

**Readings:**


Seminar 4

Topic: Obesity Treatment: Pharmacological and Surgical Interventions

Readings:


**Topic:** Obesity Treatment: Critiques

**Readings:**


**Seminar 5**

**Topic:** Obesity: Prevention and Treatment - Future Directions

**Readings:**


**Seminar 6**

**Topic:** Is Obesity an Addiction?

**Readings:**


**Seminar 7**

**Topic:** Eating Disorders: Diagnosis and Classification; Prevalence; and Distribution

**Readings:**

Grilo, C.M. (2006). Chapter 1; Chapter 2, pp. 27 – 38


**Seminar 8**

**Topic:** Eating Disorders: Etiology and Maintenance

**Readings:**


**Topic:** Clinical Characteristics

**Readings:**


**Seminars 9 and 10**

**Topic:** Bulimia Nervosa: Assessment and Treatment

**Readings:**


**Seminar 11**

**Topic:** Anorexia Nervosa: Assessment and Treatment

**Readings:**


**Seminars 12 and 13**

**Topic:** Binge Eating Disorder: Assessment and Treatment

**Readings:**


**Seminar 14**

**Topic:** Are eating disorders an addiction?

**Readings:**


Wilson, G. T., & Latner, J. (2001). Eating disorders and addiction. In M. M.

**Seminar 15**

**Topic:** Eating Disorders: Prevention

**Readings:**
