COURSE SYLLABUS
18:820:570

PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES

NANCY BOYD-FRANKLIN, Ph.D.

COURSE DESCRIPTION:

This course focuses on the psychological and cultural experiences of African-American, Hispanic/Latino, Asian, Asian Indian, and gay and lesbian populations. Cultural competency issues will be explored in terms of interventions with ethnic minority clients and families in clinics, hospitals, schools and other community organizations. The need for alternative strategies in the delivery of psychological services to minority clients will be addressed. Didactic and experiential group process formats will be utilized to help instruct students in the therapeutic use of self in cross cultural work.

Goals of this Course:

1) Students will explore and share their own cultural, racial, and religious backgrounds and values.
2) Students will gain cultural knowledge of African American, Latino, Asian and Asian Indian clients and families.
3) The experiences of gay and lesbian ethnic minority clients will be addressed.
4) Each student will have the opportunity to interview an individual from one of the cultures discussed in this class.

COURSE REQUIREMENTS

Attendance:

Attendance at all class sessions is extremely important in this class. Many of the exercises are experiential and students must be present in class in order to participate. Active participation in class is expected.
Readings:

All readings must be completed prior to each class session.

Assignments:

1) Each student will make a brief presentation in class discussing his or her own ethnic, racial, or religious background and family values. (January 20, 27 & February 3.

2) One-two page journal summary will be turned in at the beginning of each class. Discuss reaction to previous class, the readings and applications or experiences in your own work.

3) Write a 5-10 page paper on student’s own family, cultural, ethnic, racial and religious background, and personal experiences of being or feeling different. Discuss your reaction to this material. Compare your own cultural experiences to those described in the literature on your cultural group. How are they similar or different? First paper due on February 10, 2010.

4) Each member of the class is asked to interview someone from an ethnic minority culture that we have studied in this class. Choose someone from a culture that is different from your own. Write a 5-10 page paper. Turn in assignment on April 21, 2010.

5) Write a paper (approximately 15-20 pages) on an area relevant to ethnic, cultural, or racial diversity. Include a review of the literature and relevant research. Final paper is due on May 5th in Class.

REQUIRED READINGS:

ALL STUDENTS SHOULD PURCHASE THE FOLLOWING BOOKS:


ALL OTHER READINGS WILL BE AVAILABLE ON SAKAI
COURSE SYLLABUS

Course: PSYCHOLOGICAL INTERVENTIONS WITH ETHNIC MINORITY CLIENTS AND FAMILIES
Instructor: Nancy Boyd-Franklin, Ph.D.
Semester: SPRING, 2010

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK

1. Jan. 20
   Culture, race, ethnicity, social class, religion, gender and/or sexual orientation. Begin discussion of students’ own ethnic, cultural and racial experiences and their own experiences of being or feeling different.

2. Jan. 27

3. Feb. 3
   Therapist’s Use of Self in Cross-Cultural Work. Continue discussion of student’s experiences.

II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC MINORITY GROUPS

4. Feb. 10
   African-American Clients and Families
   - Extended Family Roles
   - Religion and Spirituality
   - Gender Issues

   Paper on student’s own ethnicity and cultural background is due.

5. Feb. 17
   Special Issues for African-American Clients and Families in Response to Psychological Interventions.

6. Feb. 24
   Role of Racism and Racial/Ethnic Identity in Psychotherapy, School Systems and Organizations.

7. March 3
   Latino/Hispanic Clients and Families

   Assignment: Interview an ethnic minority individual who is from a culture that is different from your own. Note similarities and differences with your own background.
8. Mar. 10  Latino/ Hispanic Clients and Families (continued)

Mar. 17  NO CLASS – SPRING BREAK

9. Mar. 24  The IQ Controversy

10 MARCH 31  Asian Clients and Families

11 April 7  South Asian Clients & Families

12 April 14  Class Discussion of Cross Cultural Interviews

13 April 21  Continue Discussion of Cross Cultural Interviews

       Turn in cross cultural interview paper.

SPECIAL TOPICS

14 April 28  Gay and Lesbian Clients from Ethnic and Minority Groups

15 May 5  Research Issues and Discussion in Class

       FINAL PAPER DUE IN CLASS
ADDITIONAL REQUIRED READINGS (AVAILABLE ON SAKAI). PLEASE DOWNLOAD THESE PRIOR TO THE FIRST CLASS.


Sanders, G. (1993). The love that dares to speak its name: From secrecy to openness in gay and lesbian affiliations. In E. Imber


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CLASS READING ASSIGNMENTS

I. CULTURAL SENSITIVITY AND COMPETENCY FRAMEWORK


2. Jan. 27  Cultural Competency Framework
   Read: 1. Finish Pinderhughes assignment.

3. Feb. 3  Therapist’s Use of Self: Students Discuss Their Own Cultural, Ethnic and Racial Experiences
   Read: Chapters 1, 2, 3, 4 in Boyd-Franklin (2003), Black families in therapy.
II. CULTURAL AND RACIAL ISSUES IN CLINICAL, SCHOOL AND ORGANIZATIONAL INTERVENTIONS WITH UNDERSERVED ETHNIC GROUPS

4. Feb. 10  African-American Clients and Families

- Extended Family Roles
- Spirituality
- Gender Roles
- Skin Color Issues

Read: Boyd-Franklin (2003), Black families in therapy. (Chapters 5, 6, 7, & 8).


Paper on student’s own ethnicity and cultural background is due.

5. Feb. 17  Special Issues for African-American Families in Response to Psychological Interventions

Read: 1 Boyd-Franklin (2003), Black families in therapy. (Chapter 9)
2 Boyd-Franklin (2003), Black families in therapy. (Chapters 11, 12, 13 & 15).

6. Feb. 24  The Role of Race, Racism and Racial & Ethnic Identity

7. March 3  **Latino/Hispanic Clients and Families**

Read:  
1. Latino families: An overview (pages 153-165) in McGoldrick et al., *Ethnicity and family therapy*.
2. Chapter 18 (pages 242-255), Garcia-Prèto, Puerto Rican families, in McGoldrick et al., *Ethnicity and family therapy*.
3. Chapter 15 (pages 202-215), Bernal, Cuban Families, in McGoldrick et al., *Ethnicity and family therapy*.
4. Chapter 17 (pages 229-241), Falicov, Mexican families, in McGoldrick et al., *Ethnicity and family therapy*. 
8. March 10

**Latino/Hispanic Clients and Families in Clinics, Schools and Organizations**


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9. March 17

**NO CLASS – SPRING BREAK**

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9. March 24

**IQ**

**CONTROVERSY**


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10. March 31

**Asian Clients and Families**

11. April 7  **South Asian Clients and Families**  
Read: 1  Rege, M. V. (pages 4-14; 45-65), First generation Asian Indian women: The development of identity between two cultures.  

12. April 14  **Class Discussion of Cross Cultural Interviews**  
**Turn in assignment in class.**  

13. April 21  **Continuation of Discussion of Cross Cultural Interviews**  

III  **SPECIAL ISSUES**  

14. April 28  **Gay and Lesbian Clients from Ethnic and Minority Groups**  
15. **May 5**  

**Final Paper Due**

Read 1  


2  


3  


4  


5  


6  


7  
