# Psych 821:630 Assessment, Prevention and Treatment of Alcohol and Drug Problems

**Meeting Time:** Monday, 9:15 AM-12 Noon

**Instructor Contact Information:** Cell: 732-762-6557  
Email: fred_ethoh@yahoo.com  
Office Hours: By appointment

<table>
<thead>
<tr>
<th>Class</th>
<th>Topic</th>
<th>Readings/Assignments</th>
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Heyman, Ch. 1-7  
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<tr>
<th>Page</th>
<th>Section</th>
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| 3 (2/11) | Theories of PSUDs | Earleywine, Ch 2  


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| 7 (3/4) | Screening, Diagnosis and Assessment of PSUDs | Earleywine, Ch 3.

SAMHSA Treatment Improvement Protocol # 34. Available online at: [http://radar.boisestate.edu/pdfs/TIP34.pdf](http://radar.boisestate.edu/pdfs/TIP34.pdf)

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| 8 (3/11) | Motivational Issues in PSUDs Intervention and Treatment | Earleywine, Ch. 4

<table>
<thead>
<tr>
<th>9 (3/25)</th>
<th>SBIRT: A General Approach to PSUDs</th>
<th>Walters &amp; Rotgers, Ch 13</th>
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<tbody>
<tr>
<td></td>
<td>SBIRT Tools Available online at <a href="http://www.ireta.org/sbirt/clinical_tools.htm">http://www.ireta.org/sbirt/clinical_tools.htm</a></td>
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<tr>
<td></td>
<td>Kelly, J. F.; Kahler, C. W.&amp; Humphreys, K. (2010). Assessing why substance use disorder patients drop out from or refuse to attend 12-</td>
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### Assignments and Evaluation:

1. **Support Group Attendance.** Students are required to attend one face to face and one online support group during the course and write a 2-3 page paper describing the experience. A listing of face to face and online support groups will be provided.

2. **Students will submit a term paper that focuses on a particular aspect of substance use disorders, assessment, prevention and/or treatment of the student’s choice. The paper will be 15-20 pages not including references and will be due at the 14th class.**

3. **Group presentations.** During Weeks 9-14, students will be required to do a 60 minute group presentation to the class with an overview of the research findings in one of the following brief areas:
   - a. Brief Interventions
   - b. Support Groups
   - c. 12-Step Treatment Approaches
   - d. Motivational Enhancement Approaches including Motivational Interviewing
   - e. Cognitive-Behavioral and Contingency Management Approaches
   - f. Pharmacological and Combined Approaches

### Table

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<th>Week</th>
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<td>11</td>
<td>(4/8) Treatment Modalities-I: 12-Step Approaches (Group Presentation)</td>
<td>Walters &amp; Rotgers Chapters 7 &amp; 8</td>
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<td>12</td>
<td>(4/15) Treatment Modalities-II: Motivational Enhancement (Group Presentation)</td>
<td>Walters &amp; Rotgers Chapters 1 &amp; 2</td>
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<td>13</td>
<td>(4/22) Treatment Modalities-III: Behavioral Approaches (Group Presentation)</td>
<td>Walters &amp; Rotgers Chapters 3-6</td>
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<td>14</td>
<td>(4/29) Treatment Modalities-IV: Pharmacological and Combination Approaches (Group Presentation)</td>
<td>Walters &amp; Rotgers Chapters 9-12, 14, 15</td>
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<td>15</td>
<td>(5/6) Future Directions</td>
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Areas will be assigned by drawing at the first class. Presentations should consist of 40-45 minutes of content with 15-20 minutes facilitated discussion at the end of the presentation. Each group member must do a portion of the presentation which should use PowerPoint and any other audiovisual aids the group believes will help them most effectively present their data. Ideally, the presentation will be an organized, coherent mini-workshop that covers in a critical fashion the most pertinent research on the approach being presented and in which the presenters take a position on the following question: “Does the research on Approach X indicate that it qualifies as an “well-established” or “probably efficacious” approach under the Chambless criteria (http://www.div12.org/PsychologicalTreatments/index.html) for research support status of a treatment.

Texts (Required):


Optional Text: