COURSE SYLLABUS

Course: THE TREATMENT OF AT-RISK ETHNIC MINORITY ADOLESCENTS IN CLINICS AND SCHOOLS
Instructor: Nancy Boyd-Franklin, Ph.D.
Course #: 18: 821: 537: 01
Semester: Spring, 2014

COURSE DESCRIPTION:

This course will address the treatment of at-risk, ethnic minority adolescents in clinics and schools. It will explore culture dynamics for African American and Latino adolescents and their families. It will provide clinical as well as school-based interventions. The course will include individual, group, and family therapy interventions. The Multisystems Model will be introduced as a conceptual framework for comprehensive work with adolescents. Motivational Interviewing techniques will be taught as an evidence-based individual treatment that is particularly useful with adolescents who are initially resistant to treatment. The issues of violence prevention and gang involvement in schools and communities will be explored. SANKOFA, a culturally sensitive, evidence-based group treatment intervention will be discussed. Strategies for involving ethnic minority families in our treatment interventions in clinics and schools will be explored throughout the course.

REQUIREMENTS:

1) All students must attend all of the class sessions and participate in the discussions.

2) At the end of the semester, each student will write a research paper of 15-20 pages on a topic discussed in the course. The final paper is due in class on May 7, 2014.
LEARNING GOALS - This semester, students will:

1) Develop skills in providing mental health services in clinics, schools and communities.

2) Understand behavioral issues presented by at-risk adolescents.

3) Develop cultural competency in working with at-risk ethnic minority African American and Latino adolescents and their families.

4) Learn Motivational Interviewing Techniques for individual treatment with at-risk adolescents.

5) School-based group interventions for adolescents.

6) Learn techniques for providing group therapy for these adolescents.

GRDES:

The student’s grade in the course will be based on the following:

1) Class Attendance and Participation
2) The Final Paper is due in class on May 7, 2014.

COURSE OUTLINE & READINGS:

1) Class 1, January 22, 2014 : Prevention Interventions for At-Risk Adolescents through a Multisystems Model

   a. The importance of prevention interventions for at-risk youth.

   b. The Multisystems Model

Readings:

2) Class 2, January 29, 2014: Culturally Sensitive Treatment of Ethnic Minority Adolescents and Families

Readings:


5) Class 5, February 19, 2014: Latino Adolescents and Families in Clinics and Schools


6) Class 6, February 26, 2014: Latino Adolescents and Families, Continued


**NO CLASS- MARCH 5, 2014**

7) Class 7, March 12, 2014: Special Issues for Lesbian, Gay, & Bisexual Adolescents


**NO CLASS- MARCH 19—SPRING BREAK**

8) Class 8, March 26, 2014: Working with Adolescents: Exercises to Build Trust and Encourage Sharing


*(See Handouts in the Resources on Sakai)*


9) Class 9, April 2, 2014: Motivational Interviewing for Individual Therapy with At-risk Adolescents

Readings:


10)Class 10, April 9, 2014: Motivational Interviewing with at-risk adolescents: Continued

Readings:


11) Class 11, April 16, 2014: Clinical and School-Based Group Interventions

(See Handouts in Sakai Resources)


12) Class 12, April 23, 2014: Violence and Gang Issues in Schools, Clinics, and Communities


13. Class 13, April 30, 2014: Group Treatment Interventions Addressing Anger Management


**FINAL PAPER DUE IN CLASS ON MAY 7, 2014**

15. Class 15, May 14, 2014: SANKOFA: Evidence-Based Violence Prevention Groups in Clinics and Schools, Continued


**WE WILL ALSO DISCUSS AND PROCESS THIS COURSE EXPERIENCE.**