Course Objective

The course covers basic concepts of psychoanalysis and the psychoanalytic therapies. Emphasis will be placed on adapting treatment to the unique patient, with respect to diagnosis, personal history, and issues of age, gender, culture, religion and other demographics.

Requirements

Each student will carry two individual adult or adolescent clients under supervision, in open-ended, psychoanalytically oriented treatment. One case will be presented in class; the other will be discussed in a term paper, due May 7, integrating case material with relevant concepts from the course readings and lectures. Cases may be already in treatment with the student. If they are not clinic patients, see instructor to approve or arrange appropriate supervision. For dynamically experienced students, one supervision experience can be in a group.

Administrative details

Grading: Oral case presentation..............40% of term grade
Case write-up (due at last class).............40% of term grade
Class attendance/participation.............20% of term grade
Instructor availability: I am usually in A353 before class, and/or reachable at 908-902-3455. For dynamically experienced students, one supervision experience can be in a group.

Required Texts


Recommended texts


**Schedule**


Reading: McWilliams, preface and chapters 1 and 2
Shedler, chapters 1 and 2 (will be sent electronically)

Feb. 4: **Preparing the therapist and the client.** Definitions: classical analysis, exploratory analytic therapy, transference-focused therapy, supportive therapy, relational analysis.

Reading: McWilliams, chapters 3 and 4

Feb. 11: **The frame and the basic therapy processes.** Case presentation by instructor.

Reading: McWilliams, chapters 5-7

Feb. 18: **Overview of classical psychoanalytic technique.**

Readings: McWilliams, chapter 8

Feb. 25: **Resistance, transference, and countertransference:** Ego psychology and object relations concepts.

Reading: Stark, introduction and chapters 1-4

Mar. 3: **Interpretation and other therapeutic forms of conversation**

Reading: Luepnitz book if you haven’t already read it.

Mar. 10: No Class: To be made up at a mutually agreeable time

Mar. 17: Spring Break

Reading: Wolf, pp. 87-135

Mar.31: Working with difficult patients.

Readings: Charles, pp. 1-51
McWilliams, chapter 9

Apr. 7: Working with difficult patients, cont.

Reading: Charles, pp. 52-end


Reading: Davies & Frawley, pp. 11-61

Apr. 21: Working with patients with psychotic psychologies.

Readings: Karon & VandenBos: pp. 135-202
Pinsker: pp. 1-74

Apr. 28: Psychotherapy from the perspective of control-mastery theory.

Reading: Silberschatz, chapters 1, 2, and 12

May 5: Contemporary relational psychoanalysis.


May 12: Relational psychoanalysis, cont.

Reading: Buechler, all

Make-up Class: General issues of contemporary psychoanalytic practice.

Reading: McWilliams, Chs. 10-12.