REQUIRED TEXTS


RECOMMENDED


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Student Evaluations will be based on: quality of class participation, including knowledge of readings and in-class presentations; occasional brief assignments; and a final paper.

INTRODUCTION

Context and Controversy
Iraq & Afghanistan
The New Attachment–Trauma Paradigm
Disorder vs. normal reaction to trauma
What gets called “trauma”

THE CLINICAL PICTURE

Acute Stress Disorder
Responding in the aftermath of a disaster or attack

Readings:
1. DSM-IV Section on Acute Stress Disorder
Posttraumatic Stress Disorder
Psychological Models of PTSD

Readings:
1. DSM-IV Section on Posttraumatic Stress Disorder
2. Chapters 3 & 4 in Handbook of PTSD: A psychological history of PTSD. Psychological theories of PTSD.

The Role of Culture

Readings:
1. Preface & pg.8-21 in Voices of Trauma
2. Chapter 21 in Handbook of PTSD: Cultural issues and trauma.

* In each class going forward, a student will present one of the clinical accounts in Voices of Trauma

Assessment [CAPS – TSI – IES-R – DES]

Readings:

Psychobiology of Trauma
Attachment and Neurobiology

Readings:
2. Chapter 10 in Handbook of PTSD: Neurobiological alterations associated with PTSD.

Pharmacology

Readings:
2. Chapter 19 in Handbook of PTSD: Pharmacotherapy for PTSD (skim)
3. Scientists work on ‘trauma pill’ (Associated Press, Jan 16, 2006)
4. Ecstasy could help patients with posttraumatic stress disorder, study suggests (Science Daily, March 10, 2009)

Substance Abuse and Trauma

Readings:

Memory & Dissociation

Readings:
1. DSM-IV Sections on Dissociative Disorders
2. Chapters 7 & 8 in Handbook of PTSD: Remembering and Forgetting. Trauma-induced dissociation.

TREATMENT 1

EVTs: Bridging Research and Clinical Practice
Reading the Studies
Phase-Oriented treatment

Readings:
1. Chapter 17 in Handbook of PTSD: Psychosocial treatments for PTSD.
2. Chapters 6, 7, 8 & 9 in Principles of trauma therapy: Distress reduction and affect regulation training; Cognitive interventions; Emotional Processing; Increasing identity and relational functioning.

COGNITIVE BEHAVIORAL APPROACHES

I: Rape

Readings:

II: Combat

Readings:


III: Childhood Abuse

Complex PTSD

Revictimization

Readings:


TREATMENT II

Psychodynamic Theory and Therapy

Psychodynamic/Relational Psychotherapy for CSA

Readings:


**Group Therapy**

Readings:

**TREATMENT III**

**EMDR**

*Including the Body in Trauma Treatment*

**Sensorimotor Therapy**

Readings:

2. Alan Schore’s introduction to, and article by Pat Ogden & colleagues: Including the body in Mainstream psychotherapy for traumatized individuals. *Psychologist-Psychoanalyst*, Fall 2005

3. Chapter 23 in *Handbook of PTSD*: Emerging treatments for PTSD

**Vicarious Traumatization & Therapist Self Care**

Readings:

**Resilience, Hope, Thriving**

Readings:
