

Rutgers University Counseling Center
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Psychology Internship

This is a full time, 40-hour/week, 12-month internship commencing in the Fall 2017 semester.

At the Rutgers University-Newark (RUN) Counseling Center, we have the privilege of serving students of America's most diverse national university. It is with this pride that we work with several departments around campus to promote psychological well-being in a multiculturally-competent manner to all of our students.

Under supervision, the pre-doctoral interns provide direct therapeutic services; administer cognitive and personality testing protocols/batteries; plan and deliver outreach; and consult with staff and faculty. Interns participate in the overall mission of promoting healthy psychological development for RUN students. Interns will see a broad range of clientele from our student body. Special attention is given to meaningfully explore multiculturalism, particularly through dialogue held in safe spaces.

The major goals of the Internship Program are:

- (1) to enable interns to develop sufficient knowledge and skill in broad aspects of counseling psychology to allow them to successfully compete for post-doctoral fellowships and/or entry level positions.
- (2) to prepare interns to deliver professional services to patients and to consume research in a manner that shows dedication to applicable ethical, professional practice and legal standards;
- (3) to prepare interns to be aware of major sources of individual and group variation, to understand how such diversity affects psychological processes, clinical presentation, and responsiveness to intervention, and to apply such knowledge in addressing diversity related issues and problems;
- (4) and to enable interns to develop sufficient knowledge and skill to utilize and provide clinical teaching and supervision.

We seek to prepare the intern through supervised clinical training and didactics to function as an entry-level professional psychologist, to practice competently in applied areas of psychological assessment, consultation, and intervention, and to develop attitudes for ongoing professional development within a context of an evolving body of scientific and clinical knowledge, with an understanding and appreciation of ethical, legal, and human diversity

considerations in the practice of counseling psychology. Supervised clinical training experiences are sequential, cumulative and evaluated in complexity. Each clinical supervisor is expected to contribute to the intern's progression from relative dependence to increased autonomy and responsibility in the provision of clinical services.

At the completion of training, interns are expected to demonstrate the ability to function as psychologists with entry-level knowledge and skills with respect to five substantive domains: (1) psychological assessment, (2) psychological consultation, (3) psychotherapeutic intervention, (4) professional standards, ethics, and law, (5) cultural and individual diversity. By the conclusion of the internship year, all interns are expected to demonstrate entry-level knowledge and competence with respect to counseling psychology in a college setting. Entry-level knowledge and competence is defined as ability to function competently as a professional psychologist with minimal supervision until achieving licensure as a psychologist.

Responsibilities:

- The primary focus of this position is the provision of direct clinical services. This includes initial assessments, crisis/triage assessments, referrals, case management and individual brief counseling and group psychotherapy.
- Case conceptualization and report writing (i.e., the integration of interview data, test findings, and collateral sources of information into a coherent framework that allows for the communication of an accurate diagnosis and the development of an appropriate treatment plan). The development of an appropriate interpersonal history that permits the gathering of information relevant to bio-behavioral and psychosocial factors that cause or maintain the patient's presenting problem or symptomatology.
- Psychotherapeutic intervention (i.e., the development and implementation of an appropriate treatment derived from a data-based case conceptualization and an awareness of the relevant empirical literature regarding the efficacy of various treatments for the presenting problem or diagnosis).
- Report and note writing, case consultation, case management, professional development, consultation and collaboration with faculty, and staff. Scoring and interpretation of rating scales and other screening/evaluation measures.
- Consultation and communication with other professionals (i.e. treatment providers) regarding the contribution of psychological factors to the presenting problem or diagnosis and the availability of appropriate psychological intervention alternatives.
- Planning and development of campus outreach programs to undergraduate and graduate students.
- Program Development, Implementation and Evaluation.

- Co-facilitate a group with a staff psychologist.
- Awareness of issues of professional ethics, legal issues, and individual and cultural diversity as they affect the practice of psychology.
- Additional administrative roles and special projects may also be required depending on the needs of Student Counseling Services.
- Continued professional development.
- One evening per week is required.

The specific course of training is tailored individually to the intern's particular training needs. Early in the internship year, the Director and Supervising Psychologist meets with each intern to review the intern's prior practicum training experiences and self-assessment of professional training needs. The outcome of this review is a training plan across the following four categories: (1) consultation skills (e.g., interviewing, independent case conceptualization, report writing, feedback to referral sources, etc.); (2) intervention skills (e.g., individual or group psychotherapy, etc.); (3) theoretical orientations (e.g., cognitive, systems, interpersonal, dynamic, integrative, etc.); and (4) knowledge, awareness and skills associated with multicultural competency.

Supervision:

- 1 hour of individual supervision per week with a licensed psychologist
- 2 weekly case conferences with clinical team; weekly staff meetings (regularly scheduled learning activities)
- Weekly Multicultural Psychology Group Supervision
- Weekly Clinical Group Supervision

The intern's experience of direct provision of clinical services occurs in conjunction with regular, ongoing (individual and/or group) supervision by the Director and Supervising Psychologist. It is generally preceded by opportunities for observational learning and guided participation by the supervisor. In addition, the clinical and supervisory experiences are supplemented with didactic experiences that address current trends in college counseling, theories and methods of assessment/diagnosis and consultation, psychological interventions, ethics and professional behavior, and issues of cultural and individual diversity. Lastly, our open door policy allows trainees to consult with a diverse set of clinicians at the Counseling Center.

Qualifications:

- Practicum background and strong interest to work in a college counseling setting is a plus.
- Experience with multicultural populations is a must.

- This individual must be flexible in their approach (educational, preventive and therapeutic). RUN Counseling Center is strongly committed to respecting and understanding cultural and individual diversity in its admission and training policies. Admission to the program is not limited by age, color, disabilities, ethnicity, gender, national origin, race, religion, sexual orientation, or socio-economic status. The program avoids any actions that would restrict admission on grounds that are irrelevant to successful completion of the internship.

Our Program is committed to treating interns with courtesy and respect. Interns are viewed as colleagues, and the faculty strives in all interactions to treat interns with dignity and with concern for their welfare as trainees and as persons. Moreover, the faculty show respect for cultural and individual diversity among interns. Interns are apprised of the APA ethical standards regarding their treatment as students.

About Rutgers University, Newark Campus:

Rutgers University in Newark is one of three campuses of Rutgers, The State University of New Jersey, a public research university. Although Rutgers-Newark officially came into existence in 1946, R-N's roots, date back to 1908 when the New Jersey Law School first opened its doors.

Rutgers-Newark is known for the extraordinary racial, ethnic and religious diversity of its student body. U.S. News & World Report's "Best Colleges" has consistently ranked R-N No. 1 in student diversity among national universities since 1997.

Application:

Submit a letter of interest, CV/resume and three references to the following address:

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